Find a Therapist

The TLC Foundation for BFRBs maintains this directory of therapists who have demonstrated experience and/or training in evidence-based treatment for trichotillomania (hair pulling disorder), dermatillomania (excoriation or skin picking disorder), onychophagia (nail biting) and related issues.

If you are a therapist who serves the BFRB community and you would like to be listed here, please join us.

Considerations for Using the Search Fields:

- You can add criteria, but to change criteria you must click START OVER
- The search works best when you use only one field at a time
- If you get NO RESULTS for a search, select START OVER and try a different field

Find A Therapist/Clinican

- Clinician Last Name
- City
- State (Two-letter abbreviation)
- Zip Code
- Search

Therapists listed in this directory have completed a screening process and pay annual dues for their listing. If a therapist listing designates they are a graduate of TLC’s Professional or Virtual Training Institute, then the therapist has completed our 13-hour program on BFRB-specific training.

Note: TLC does not endorse or recommend a particular provider, self-help contact or product. Appropriate treatment and advice should always be obtained directly from a qualified and experienced doctor and/or mental health professional. In addition, the foundation does not endorse any external sites or monitor or approve content on third party sites.

273 Results Found

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